



# Why Early Lung Screening?

Lung cancer, a term to describe abnormal growth of cells in the lungs, is the top 3 most common cancer in Singapore. Although it is not as often discussed as colon cancer or breast cancer, lung cancer is the number 1 cause of cancer death among both men and women.

Cancer of the lungs can be asymptomatic which can be ideally diagnosed through health screening. For the symptomatic patients, one can present with a persistent cough, shortness of breath, coughing out blood, change in voice or pain in the chest or shoulder.

### Do You Know?

Lung cancer is the top 3 most common cancer

Lung cancer is the number #1 cause of cancer death

**#1** Colorectal Cancer

**#2 Lung Cancer** 

#3 Breast Cancer







# Early CT-CDT Lung Screening

At the International Centre for Thoracic Surgery (ICTS), we have put together a health screening plan to screen for early lung cancer. This initial screening is done with EarlyCDT-Lung blood test and a low dose CT scan.

These tests in combination have a high probability in the diagnosis of early-stage lung growth, resulting in as high as 80% chance of cure for lung cancer. The earlier the stage, the better the chances of surgical treatment and the better the chances of cure. Early diagnosis of lung cancer also helps the patient obtain a minimally invasive thoracic surgical procedure – which means faster recovery & shorter hospital stay.

Priced at \$1750 (before 7% GST), this Early CT-CDT Lung Screening includes:

#### - Pre-screening clinic evaluation with Thoracic Surgeon, Dr Aneez Ahmed

An in-depth consultation with Thoracic Surgeon Dr Aneez Ahmed to discuss your concerns and screening procedure

#### - EarlyCDT-Lung Blood Test\*

EarlyCDT – Lung is a simple blood test to spot people with an increased risk of lung cancer.

EarlyCDT-Lung can detect lung cancer-associated autoantibodies on average four years or more before the standard of care.

This blood draw will be collected by a phlebotomist in-clinic, in ICTS, which will then be sent for a lab test.

### - Low Dose CT Scan

Low-dose computed tomography (also called a low-dose CT scan) is a newer form of CT scan that continuously rotates in a spiral motion and takes several 3-dimensional X-rays of the lungs.

These X-rays are very detailed and can show early-stage lung cancers that may be too small to be detected by a traditional X-ray. Traditional X-rays only identify cancers that are I cm or larger, while a low dose CT scan can detect lung abnormalities the size of a grain of rice. The smaller the tumour is when it's detected, the less likely the cancer has spread. This means more treatment options and a higher chance of survival.

This scan is quick and painless; it takes only I minute, there is no injection, no dyes no oral pills

### Report with Specialist Review & Recommendation

A thorough review with Thoracic Surgeon Dr Aneez Ahmed, together with a report and his recommendations.



Watch video here



## Who Should Be Screened?

This yearly lung cancer screening is recommended for people who;



Current smokers or ex-smokers



Have family history of lung cancer



Are cancer survivors from lung or other cancers



Work in hazardous industries (i.e. exposure to chemicals, spray-painting, ship building, asbestos, radioactive materials)

Priced at \$1750 (before 7% GST)

## Contact Us

Please let us know if you have a question, want to leave a comment, or would like further information.

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